

## Habit 2: Begin With the End in Mind

# Have a Plan!

A family mission statement is like a constitution your family lives by. It represents the purpose and values of your family. Mission statements come in many forms. Some are long, some are short. They can take form as a phrase, saying, a picture, a poem, or even a song. Make it personal to your family.

*“Would you tell me, please, which way I ought to go from here?”*

*‘That depends a good deal on where you want to get to.’*

*‘I don’t much care where –’*

*‘Then it doesn’t matter which way you go.’”*

—Lewis Carroll, *Alice in Wonderland*

### STEPS

1. I plan ahead and set goals for myself.
2. I am prepared at all times.
3. I think about how the choices I make will affect my future.
4. I think about the positive and negative consequences before I act.

### COMMON LANGUAGE

Have a plan  
Mission statement  
Goal

*“As a family we cut pictures and words out of magazines to represent things that are important to each of us. This helps us better understand each other. It also was a great exercise to help in creating our family mission statement.”*

—Kalli Sampson, parent

**Family Activity:** Use the questions below to write a family mission statement. Then post it somewhere that every family member can see it and read it daily.

What does our family want to be known for?

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How do we treat each other?

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## Habit 2: Begin With the End in Mind

What unique contributions can we make to society?

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What big goals do we want to achieve?

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What qualities do we have as a family or want to work towards having?

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What are 5 things we like to do?

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List 3 words that describe our family?

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