

## NEMS Boy's Times/Measurements 2010 4

Event	Athlete	First meet 4/21/2014	Last meet 5/22/2014	Personal Best	PB Achievements
3200m run	Zach Taube			13.34.40	
55m Hurdles	Dino Sivley			0.10.46	1
	Josh Parsons			0.12.02	
	Jon Kranz			0.11.04	
110 Hurdles	Bdrendon Blades			0.12.03	
	Dino Sivley	0.19.56	0.21.51	0.19.56	
	Joel Lopez			0.19.86	
	Jon Kranz			0.21.98	
800m relay	(Mortimer, Lopez, Moore, Little)			1.51.22	1
	(Mortimer, Lopez, Whitehead, Little)			1.52.04	
800m run	Zach Taube		3.04.90	3.01.50	1
	Jon Kranz			2.48.33	2
	David Thomas		3.05.79	2.55.75	
	Shon Lewis			3.04.12	
	Seth Ansel		2.33.16	2.33.16	
1600m run	Seth Ansel	5.36.59	5.39.75	5.29.18	1
	Zach Taube		6.17.03	6.17.03	1
	Zach Gallahar		6.14.23	6.14.23	1
100m dash	Raekwon Little	0.13.00	0.12.75	0.12.44	2
	Kyle Moore			0.14.08	
	Vernard Whitehead		0.14.87	0.14.20	2
	Bryce Meach		0.14.74	0.13.10	
	Shon Lewis			0.17.42	1
	Joel Lopez			0.13.83	
	400m dash	Jesse Mortimer		1.03.78	1.03.78
Dino Sivley				1.06.69	
Seth Ansel				1.06.46	1
3200m relay	(Gallahar, Kranz, Taube, Thomas)			12.00.96	
	(Taube, Gallahar, Blades, Thomas)		11.34.30	11.34.30	1
70m dash	Vernard Whitehead			0.9.96	
	Bryce Meach			0.10.40	1
	Ty'Quavion Robinson			0.11.46	
	Shon Lewis			0.12.05	1
	Adrian White			0.9.96	1
200m hurdles	Joel Lopez			0.32.71	
	Dino Sivley			0.34.04	1
	Jon Kranz			0.34.33	1
	Joshua Parsons			0.38.84	
200m dash	Raekwon Little	0.26.30	0.25.69	0.25.69	2

	David Thomas			0.30.98	1
	Vernard Whitehead		0.30.33	0.30.33	1
	Adrian White		0.29.80	0.29.80	
<b>1600m relay</b>	(Ansel, Sivley, Mortimer, Meach)			4.33.77	1
	(Ansel, Sivley, Moore, Mortimer)		4.27.64	4.27.64	1
<b>400m relay</b>	(Lopez, Moore, Mortimer, Jeremiah)	0.51.02		0.51.02	
	(Wright, Whitehead, Meach, Little)	0.54.78		0.54.78	
	(Blades, White, Whitehead, Meach)		0.55.85	0.55.78	
	(Sivley, Moore, Little, Mortimer)		0.53.39	0.53.39	
<b>Shot Put</b>	Shon Lewis			21' 5"	
	Zachary Gallahar		21' 9"	21' 9"	1
	Brendon Blades		22' 2.5"	23' 4"	2
<b>High Jump</b>	Seth Ansel			4' 6"	
	Bryce Meach		4' 4"	4' 4"	
<b>Long Jump</b>	Kyle Moore	15' 4.5"	13' 5"	15' 4.5"	
	Joel Lopez	15' 2"		15' 2"	
	Adrian White	14' 1"	12' 7.5"	14' 1"	